



			Hold the door open for people.	Help a resident write a letter.	Give sincere compliments.	Be a volunteer elevator operator.
Remember a resident in prayer.	Greet people by name.	Bake cookies for the staff.	Ask a resident to tell you a story.	Smile & say hello to everyone you meet.	Thank other volunteers.	Write a poem with a resident.
Give someone a flower.	Do something nice for yourself!	Tell a resident why they're special to you.	Give out lots of hugs.	Hand out chocolate candies to the staff.	Tell someone's boss what a good job they do.	Read to a resident.
Introduce yourself to someone new.	Leave a good book in the break room.	Leave a nice note on someone's desk.	Pass out stickers to kids who visit.	Ask a resident to teach you something.	Offer to water residents' plants.	Give high fives to staff and residents.
Share an inspirational quote.	Sing a little song with a resident.	Make someone laugh.	Help a resident call a far-away friend.	Thank residents who served in the armed forces.		
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